

Gabriel & Daniel Cream of Corn with Coconut (Mazamorra)

Nutrition Facts

1 serving per container

Serving size 1.49 ounces (42g)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 40mg **2%**

Total Carbohydrate 36g **13%**

Dietary Fiber 2g **7%**

Total Sugars 13g

Includes 12g Added Sugars **24%**

Protein 2g **4%**

Vitamin D 5mcg 25%

Calcium 0mg 0%

Iron 4.9mg 25%

Potassium 40mg 0%

Vitamin C 117mg 130%

Thiamin 0.04mg 4%

Riboflavin 0.7mg 50%

Niacin 8.3mg 50%

Folate 210mcg DFE 50%

Magnesium 50mg 10%

Zinc 2.2mg 20%

Selenium 11mcg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GLUTEN FREE
PREGELATINIZED CORN FLOUR, ORGANIC
CANE SUGAR, ORGANIC SHREDDED
COCONUT, ORGANIC COCONUT FLOUR,
FORTIFIED IMMUNITY BLEND, ORGANIC
VANILLA POWDER, ORGANIC GROUND
CINNAMON, HIMALAYAN PINK SEA SALT

CONTAINS: COCONUT

G&D WELLNESS LLC
PRODUCT OF ILLINOIS

MANUFACTURED IN A FACILITY THAT ALSO
PROCESSES: WHEAT